

Summer 2019 Menu

Locations:

Forrest Grove ES
 Rolling Ridge ES
 Sugarland ES
 Sully ES

Breakfast

| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|---------------|----------------------|-------------------|-----------------|----------------------|
| Cinnabar | Yogurt/Scooby Graham | ZZ Nutrition Bars | Banana Bread | Yogurt/Scooby Graham |
| 100 % Juice | 100 % Juice | 100 % Juice | 100 % Juice | 100 % Juice |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| 1% Milk | 1% Milk | 1% Milk | 1% Milk | 1% Milk |

Lunch

| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|-----------------|--------------------------|----------------------|----------------------------|--------------------|
| Hot Dogs | Italian Sub | Chicken Caesar Wrap | Turkey/Cheese Croissant | Ham/Cheese Sub |
| Sliced Cucumber | Lettuce/Tomatoes | Grape Tomatoes w/Dip | Lettuce/Sliced Tomatoes | Baby Carrots w/Dip |
| Kettle Chips | Fresh Fruit | Fresh Fruit | Kettle Chips | Fresh Baked Cookie |
| Fresh Fruit | 1% Milk | 1% Milk | Fresh Fruit | Fresh Fruit |
| 1% Milk | 1% Milk | 1% Milk | 1% Milk | 1% Milk |
| Mayo | Mayo, Mustard, Hot Sauce | | | Mayo |

Summer 2019 Menu

Location: Ball's Bluff Elementary School

Breakfast In Classroom and Off Site

| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| Smoothie/Scooby Graham | Smoothie/Scooby Graham | Smoothie/Scooby Graham | Smoothie/Scooby Graham | Smoothie/Scooby Graham |
| 100 % Juice | 100 % Juice | 100 % Juice | 100 % Juice | 100 % Juice |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| 1% Milk | 1% Milk | 1% Milk | 1% Milk | 1% Milk |

Lunch In Classroom and Off Site

| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|---|---|---|---|--|
| Turkey/Cheese Panini Sliced Cucumber Kettle Chips Fresh Fruit 1% Milk Mayo | Italian Sub Lettuce/Tomatoes Fresh Fruit 1% Milk Mayo, Mustard, Hot Sauce | Chicken Caesar Wrap Grape Tomatoes w/Dip Fresh Fruit 1% Milk | Turkey/Cheese Croissant Lettuce/Sliced Tomatoes Kettle Chips Fresh Fruit 1% Milk | Ham/Cheese Sub Baby Carrots w/Dip Fresh Baked Cookie Fresh Fruit 1% Milk Mayo |

Summer 2019 Menu

Locations:

| | |
|------------------|----------------|
| Seneca Ridge MS | Police Academy |
| Leesburg ES | Sterling MS |
| Harper Park MS | Riverbend MS |
| Potomac Falls HS | Smarts Mill MS |
| Camp Real | |

Breakfast In Classroom and Off Site

| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|---------------|----------------------|-------------------|-----------------|----------------------|
| Cinnabar | Yogurt/Scooby Graham | ZZ Nutrition Bars | Banana Bread | Yogurt/Scooby Graham |
| 100 % Juice | 100 % Juice | 100 % Juice | 100 % Juice | 100 % Juice |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| 1% Milk | 1% Milk | 1% Milk | 1% Milk | 1% Milk |

Lunch In Classroom and Off Site

| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> |
|----------------------|--------------------------|----------------------|----------------------------|--------------------|
| Turkey/Cheese Panini | Italian Sub | Chicken Caesar Wrap | Turkey/Cheese Croissant | Ham/Cheese Sub |
| Sliced Cucumber | Lettuce/Tomatoes | Grape Tomatoes w/Dip | Lettuce/Sliced Tomatoes | Baby Carrots w/Dip |
| Kettle Chips | Fresh Fruit | Fresh Fruit | Kettle Chips | Fresh Baked Cookie |
| Fresh Fruit | 1% Milk | 1% Milk | Fresh Fruit | Fresh Fruit |
| 1% Milk | 1% Milk | 1% Milk | 1% Milk | 1% Milk |
| Mayo | Mayo, Mustard, Hot Sauce | | | Mayo |

Summer 2019 Menu

Locations: Riverside HS & Potomac Falls HS

Breakfast

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| Sausage, Egg & Cheese Croissant ----or---- Smoothie/Graham Cracker ----or---- Zee Zee Nutrition Bar | Cheese Pizza ----or---- Smoothie/Graham Cracker ----or---- Zee Zee Nutrition Bar | Egg & Cheese Croissant ----or---- Smoothie/Graham Cracker ----or---- Zee Zee Nutrition Bar | Sausage Biscuit ----or---- Smoothie/Graham Cracker ----or---- Zee Zee Nutrition Bar | Baked Chicken Croissant ----or---- Smoothie/Graham Cracker ----or---- Zee Zee Nutrition Bar |
| 100 % Juice ----or---- Fresh fruit | 100 % Juice ----or---- Fresh fruit | 100 % Juice ----or---- Fresh fruit | 100 % Juice ----or---- Fresh fruit | 100 % Juice ----or---- Fresh fruit |
| 1% Milk ----or---- Fat Free Chocolate Milk | 1% Milk ----or---- Fat Free Chocolate Milk | 1% Milk ----or---- Fat Free Chocolate Milk | 1% Milk ----or---- Fat Free Chocolate Milk | 1% Milk ----or---- Fat Free Chocolate Milk |

Lunch

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| Smoothie/String Cheese/Granola | Smoothie/String Cheese/Granola | Smoothie/String Cheese/Granola | Smoothie/String Cheese/Granola | Smoothie/String Cheese/Granola |
| Spicy Chix Sandwich Lettuce w/ Sliced Tomatoes | Beef Nacho Grande (Cheese sauce, guacamole, sour cream salsa, olives) | Breaded Chicken Sandwich | Double Dogs (2 hot dogs) | Hamburger/Cheese Burger |
| Chef Salad Fresh Fruit Bar | Chef Salad Fresh Fruit Bar | Sidewinders Baby Carrots w/Dip | Green Beans Chef Salad Fresh Fruit Bar | Oven baked Tater Tots Baby Carrots w/Dip |
| Kettle Chips | | Chef Salad Fresh Fruit Bar | Kettle Chips | Chef Salad Fresh Fruit Bar |
| 1% Milk ----or---- Fat Free Chocolate Milk | 1% Milk ----or---- Fat Free Chocolate Milk | 1% Milk ----or---- Fat free Chocolate Milk | 1% Milk ----or---- Fat Free Chocolate Milk | Fresh Baked Cookie 1% Milk ----or---- Fat Free Chocolate Milk |